



B E A U M O N T  
**CHIEFS**  
J U N I O R B H O C K E Y C L U B

A MEMBER OF THE CAPITAL JUNIOR HOCKEY LEAGUE

September 22, 2017

## INJURY PROTOCOL

This protocol is a guideline for ensuring the safety of all players when an injury is suspected. This will be reviewed by all players and the coaching staff as they join the team. This will also be posted on the website at [www.beaumontchiefs.com](http://www.beaumontchiefs.com) to inform the parents and fans of the steps being followed in the event of any injury.

The coaching staff and the trainer are committed to follow these steps:

- 1) The coach or designate will assign a parent as the team liaison. This will allow the trainer the ability to communicate findings while still maintaining a presence for the rest of the team.
- 2) The head coach will ensure that there is a certified trainer at all games. It is the responsibility of the trainer to communicate absences ahead of time and assist in finding a replacement. Such person will require to be carded as an official.
- 3) The trainer is ultimately responsible for assisting all injuries, which include the following:

**a. Musculoskeletal/soft tissue Injury protocol**

- 1) Report the injury to the Trainer. If the trainer is occupied and you need to leave the bench, tell the trainer or a coach first. No one is to leave the dressing room unattended.
- 2) If you are removed from the game due to an injury, an injury report form will be completed by the trainer and you will be required to have your treatment provider (physician/dentist/physiotherapist) complete the form and return it to the trainer to be submitted to Hockey Alberta. **You will not be able to return to play until this form or a doctors note is received and confirms you are cleared to play.**
- 3) If injured outside of hockey and you require assistance from the trainer such as taping, stretching etc., please ensure you arrive early enough to be attended to. The trainer will be at the rink approximately one hour before warm up.
- 4) If you are injured and need to go to the hospital, either an ambulance will be called or a team liaison will assist in arranging a ride to the nearest hospital.

**Do not leave the rink without informing a coach/trainer and confirming your transportation.**

Ensure you update the coach on your medical status as soon as possible with proper documentation. **You are not allowed to play without clearance documentation.**

**b. Concussion protocol**

- 1) Report to the trainer immediately, if occupied notify a coach. Do not leave the bench alone.
- 2) If a concussion is suspected an injury report will be completed and depending on the severity you will be required to:
  - A) go to the hospital
  - B) See your physician ASAP
- 3) If you are suspected of having a concussion you will not be able to drive.
- 4) The team liaison and trainer will assist in making arrangements for you to get home or to the hospital.
- 5) You will be required to have the injury report completed by your physician or physiotherapist and return it to the trainer.
- 6) The concussion return to play protocol will then be followed.  
**You will not be able to return to playing in a game without medical clearance being received**

**c. Other Conditions**

- 1) Anything stated on your medical information sheet will be addressed on a case by case basis.
- 2) Serious conditions must be cleared by a physician before joining and/or returning to the club.
- 3) Those players with medical clearance on medication must ensure these medications are known to the trainer and coaching staff and present if required for emergencies.
- 4) Those with asthma must bring their inhaler to every game and give it trainer to keep on the bench in case of emergency.

**d. Coaching Staff injuries**

- 1) Report the injury to the Trainer.
- 2) All steps above will also be followed for on ice coaching staff injuries including serious conditions such as heart attacks, strokes, seizures, etc...  
**Coaches shall not leave the rink without being accompanied.**
- 3) You will be required to have the injury report completed by your physician or physiotherapist and return it to the trainer.

**e. Fan injuries**

- 1) Report the injury to the Trainer.
- 2) Trainer will contact the team liaison.
- 3) All steps above will also be followed for fan injuries including serious conditions such as heart attacks, strokes, seizures, etc...  
**Fans shall not leave the rink without being accompanied.**
- 4) The fan maybe required to have the injury report completed by your physician or physiotherapist and return it to the trainer, if the injury is deemed hockey related (i.e struck by a puck).

In short, we take the safety of all people involved with our club very seriously. We hope these steps keep everyone informed on the steps being taken by our team trainer and the coaching staff to ensure the health of the club.

Sincerely:  
Beaumont Chiefs Junior Hockey Club



Denis Poitras  
President